



<DATE>

<GROUP NAME> Attn: Group Benefits Manager <ADDRESS 1> <ADDRESS 2> <CITY>, <STATE> <ZIP>

### Re: Premium Formulary Updates Effective July 1, 2022

Dear Group Benefits Manager:

I am writing to notify you of changes to the Blue Cross and Blue Shield of Kansas City (Blue KC) Prescription Drug List that will go into effect July 1, 2022.

The Blue KC Medical and Pharmacy Management Committee reviews and maintains the Prescription Drug List. The Committee, consisting of practicing physicians and pharmacists in the Kansas City area, holds quarterly meetings to evaluate new drug therapies and review drug utilization issues. Medications are evaluated based on drug safety and costs.

The enclosed document outlines the changes in detail. These updates affect employer group members with Blue-Care<sup>®</sup> (HMO), BlueSelect Plus (PPO), Preferred-Care<sup>®</sup> (PPO) and Preferred-Care Blue<sup>®</sup> (PPO) plans. Subject to group-specific coverage limitations.

#### How We Will Communicate These Changes

Blue KC is taking proactive steps to limit disruption, including:

- Sending a letter to impacted members notifying them of the changes.
- Notifying all in-area providers by letter in the event their patients contact them to discuss alternative medications.

If you have any questions, please contact your Blue KC representative.

Sincerely,

Jay Weaver VP, Chief Pharmacy Officer

Enclosure

PDL\_Group\_Premium\_4.1.22

# Premium Prescription Drug List Updates Effective July 1, 2022

*Please Note: This change only applies to groups that are on the Premium formulary (this does NOT impact small group ACA). Group-specific benefit exceptions may apply.* 

### **New Excluded Medications with Alternatives**

\*Members currently utilizing Vermlidy will be grandfathered on therapy.

| New Excluded Medications with Alternatives |  |  |  |  |
|--|--|--|--|--|
| Drug Class                                 | <b>Excluded Medications</b>                          | Covered Alternative  |  |  |
| Acne Agents                                | clindamycin phosphate<br>1% gel made by<br>Oceanside | clindamycin phosphate 1% gel   |  |  |
| Antidepressant Agents                      | fluoxetine tablets                                   | fluoxetine capsules  |  |  |
| Antihistamine Agents                       | clemastine 0.5/5ml syp                               | carbinoxamine tablet, 4mg/oral solution, OTC medications                       |  |  |
|  | Ryvent   | Over-the-counter medication(s)<br>available for purchase                       |  |  |
| Anti-inflammatory Agents                   | ketoprofen cap 25mg                                  | celecoxib, diclofenac, etodolac,<br>ibuprofen, meloxicam tablet                |  |  |
| Anti-migraine Agents                       | almotriptan tab                                      | Sumatriptan, naratriptan,<br>rizatriptan, zolmitriptan                         |  |  |
|  | Emgality 120mg                                       | Ajovy, Aimovig   |  |  |
|  | Zomig Spray  | rizatriptan ODT tablet, sumatriptan<br>nasal spray, zolmitriptan ODT<br>tablet |  |  |
| Cancer Agents                              | Pemazyre   | Truseltiq  |  |  |
| Cardiovascular Agents                      | carvedilol cap ER                                    | carvedilol   |  |  |
|  | fenofibrate cap 50mg,<br>150mg                       | fenofibrate (generic Tricor),<br>fenofibric acid, gemfibrozil                  |  |  |
|  | Lipofen  | fenofibrate (generic Tricor),<br>fenofibric acid, gemfibrozil                  |  |  |
|  | Nitro-Dur  | Nitroglycerin Patch  |  |  |

| Drug Class                   | <b>Excluded Medications</b>                | Covered Alternative  |  |
|------------------------------|--|--|--|
|                              | clocortolone 0.1%<br>cream                 | mometasone lotion/cream,<br>triamcinolone cream  |  |
| Corticosteroids              | Orapred ODT                                | prednisone   |  |
|                              | prednisolone sol                           | prednisone, prednisone oral sol  |  |
|                              | Sernivo                                    | mometasone lotion/cream,<br>triamcinolone cream  |  |
| Gastrointestinal Agents      | Cuvposa                                    | glycopyrrolate tablet  |  |
|                              | Dexilant;<br>dexlansoprazole               | Omeprazole, pantoprazole   |  |
| Glaucoma Agents              | Betopic-S 0.25% Susp                       | Timolol Maleate Ophthalmic<br>Solution   |  |
| Glucose Elevating Agents     | Glucagen, Gvoke                            | One of the following: generic<br>glucagon, Baqsimi, glucagon inj<br>manufactured by Fresenius Kabi,<br>Zegalogue Inj |  |
| Hepatitis Agents             | Vemlidy*                                   | entecavir, tenofovir   |  |
| Iron Chelating Agents        | deferiprone                                | deferasirox  |  |
|                              | Ferriprox                                  |  |  |
| Respiratory Agents           | fluticasone/salmeterol<br>(generic AirDuo) | generic Advair Diskus, Wixela, Breo<br>Ellipta Inh, Symbicort Inh  |  |
|                              | Xopenex Neb                                | levalbuterol nebulization sol  |  |
| Sedatives                    | Hetlioz                                    | Please talk to your doctor about<br>other alternatives   |  |
| Sickle Cell Anemia<br>Agents | Siklos                                     | Droxia   |  |
| Smoking Cessation<br>Agents  | Chantix                                    | varenicline  |  |

# New Excluded Drugs with Covered Generic Equivalents

| Alinia tablets | Afinitor | Azilect | Brovana |
|----------------|----------|---------|---------|
|                |          |         |         |

| Minivelle Dis | Nuvaring | Rapaflo | Rythmol SR |
|---------------|----------|---------|------------|
| Sutent        | Tykerb   |         |            |

## New Excluded Non-FDA Approved Drugs

| Chromagen Cap | hyoscyamine drop 0.125/ML | Nulev Tab 0.125MG |
|---------------|---------------------------|-------------------|
|---------------|---------------------------|-------------------|