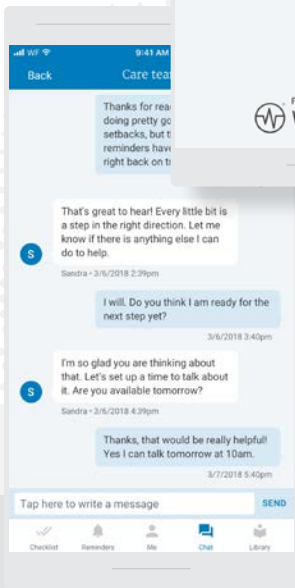
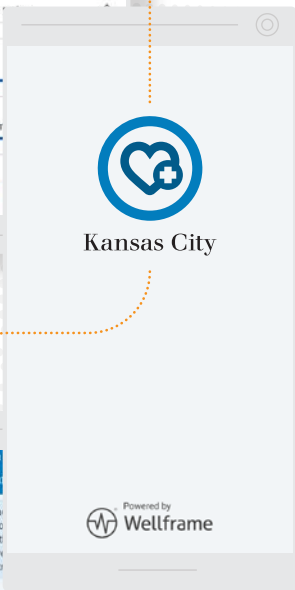
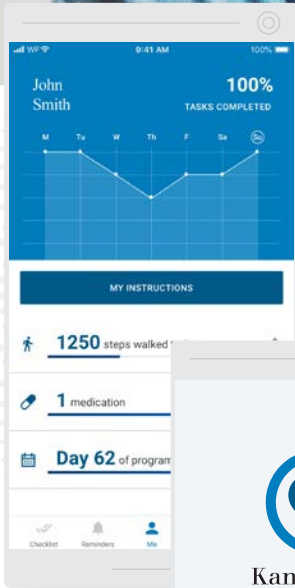




Kansas City



## BLUE KC CARE MANAGEMENT APP

Support is right at your fingertips.

Manage your health and take control of your wellness and ongoing health conditions. Right from your smartphone or tablet.

With the Blue KC Care Management app, you can find resources and personalized support from the our Care Management Team for chronic conditions (diabetes, asthma, etc.), cancer, maternal health, and more.

### Use the app in between doctors' visits to:

- Chat with a Blue KC nurse
- Set appointment and medication reminders
- Get ideas for daily tasks to help you reach your health goals
- Access clinically approved articles and videos personalized to you
- Track individual progress and milestones

### Connect with confidence

Your privacy and security come first. The Blue KC Care Management app includes secure messaging and is fully HIPAA compliant.

Download the Blue KC Care Management app .....

ACCESS CODE  
**kchealth**

Tap into the support of the Blue KC Care Management app. Simply scan the QR code with your phone's camera and download the app to your favorite mobile device, then sign up. **The Blue KC Access Code is: kchealth.**

**Questions?** Please call Blue KC Customer Service at the number listed on your member ID card.



DOWNLOAD THE APP ON  
YOUR FAVORITE DEVICE

