



## Blue KC Care Management App

### Wellness Support and Inspiration

The Blue KC Care Management app puts you in control by connecting you to your care team right from your smartphone or tablet.

The app is with you every step of your care journey, making it easier to manage wellness, prevention, maternal health, and chronic conditions, such as diabetes, asthma, or cancer.

### Encouragement and Support From the App



Discreet support via secure, two-way messaging with your care team



Set appointment and medication reminders



View your personal health information and care program details



Learn from clinically approved articles and videos personalized to you



Track your steps and progress toward your health goals



### Connect to care by downloading the Blue KC Care Management app:

Your access code is [kchelpwelcome](https://kchelpwelcome.com). Once downloaded, you can also connect through the MyBlueKC mobile app.



Blue KC Care Management



MyBlueKC mobile app

For details about your coverage, please review your Blue KC certificate, which outlines the benefits, exclusions, responsibilities, rights and other important information related to your health insurance plan. To view your current Blue KC contract/certificate, or to print a copy of your Summary of Benefits and Coverage, visit [MyBlueKC.com](https://MyBlueKC.com) and click on Plan Benefits.

For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your insurance producer or write Blue KC.