



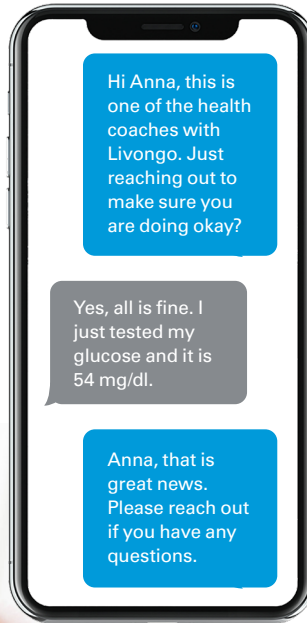
Diabetes Self-Management

Strips, lancets and a digital glucose monitor, at no additional cost.

When you have diabetes, there's a lot to keep up with every day.

The Livongo for Diabetes program* makes it easier to keep track of your blood sugar. If you qualify, we'll send you a free glucose meter, plus all the strips and lancets you need.

This easy digital program helps track your glucose and provide instant support for abnormal readings.



Livongo's glucose meter offers:



Personalized tips with each blood glucose check



Optional family alerts to keep everyone in the loop



Ability to reorder strips from your meter



Real-time support when you're out of range



Automatic uploads, which replace paper logbooks



Sign up by visiting Join.Livongo.com/BlueKC/register and use code **BlueKC or calling **800-945-4355**.**

Download the Blue KC Care Management app and use access code **kchelpwelcome** to learn more.



Join.Livongo.com



Blue KC Care Management

For details about your coverage, please review your Blue KC certificate, which outlines the benefits, exclusions, responsibilities, rights and other important information related to your health insurance plan. To view your current Blue KC contract/certificate, or to print a copy of your Summary of Benefits and Coverage, visit MyBlueKC.com and click on Plan Benefits.

For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your insurance producer or write Blue KC.