



Total Care Primary Care Providers

Total Care BY BLUE KC

Total Care by Blue KC is a network of primary care providers committed to enhancing the overall health of their patients, providing preventive services and wellness coaching, and working with patients with chronic conditions to meet their care needs.

Benefits that Joe can Experience with his Total Care Provider



Receives Coordinated, Quality Care

Joe and his doctor work together to evaluate Joe's current health status and create a tailored plan that will help him better manage his health. Joe's medical history, health successes and challenges are collected and easily accessible by all of his care providers.

Feels Connected

Joe can stay focused on his health with guidance and support from his doctor who:

- Reminds him to schedule preventive medical screenings
- Coordinates follow-up care
- Connects with specialists in Joe's network
- Provides specialized care plans for Joe's conditions
- Is committed to providing quality and cost-effective care for Joe

Right Care at the Right Place

Because Joe's doctors are well connected and informed, they recommend tests and treatments that are evidence based and appropriate for Joe.

Proactive, Personalized Approach

Joe works closely with his doctor to find ways to manage his health. His doctor is committed to helping him spend less time at the doctor's office and ultimately less money on things like prescriptions, procedures and emergency care.

Enhanced Access

- Weekend, evening, and early morning appointments
- Convenient telehealth appointments
- An on-call provider when the office is closed, so if Joe has questions or concerns, he can speak to a provider
- Same day/next day sick appointments (helps to avoid unnecessary and costly visits to the emergency department)

Find a Total Care Provider

Total Care providers are committed to ensuring you receive coordinated care focused on you.

Step 1: Log into [MyBlueKC.com](https://mybluekc.com), select **Find Care**, then select **Find Doctors, Specialists and Hospitals**.

Step 2: Enter your search criteria.

Step 3: From your search results, use filters to narrow your results by provider gender, distance, specialty and/or languages spoken.

Step 4: Use the Blue Quality Programs Filter to see Total Care or Total Care+ providers.

For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your insurance producer or write Blue KC.

NOTE: The Member Guide provides a general overview of services and benefits that may be included in some Blue KC health plans. Because coverage details can vary, we encourage you to review your specific plan documents for accurate information. For details about your coverage, please refer to your Summary of Benefits and Coverage (SBC) by visiting [MyBlueKC.com](https://mybluekc.com) and clicking on **Plan Benefits**.