

Cancer support on your terms

24/7 virtual support available at no additional cost* through your health plan



Scan to get started

Whether you have questions between appointments or need support to manage side effects, our oncology-trained nurses, dietitians, and mental health providers are here when you need them.

One-on-one support available if and when you need it:



Oncology nurses, 24/7

Guidance for managing symptoms and side effects



Mental health therapy

Support for you and your family available as needed



Registered dietitians

Nutrition tailored to cancer care



Digital tracker

Set goals, log side effects, and get check-ins from your Iris care team



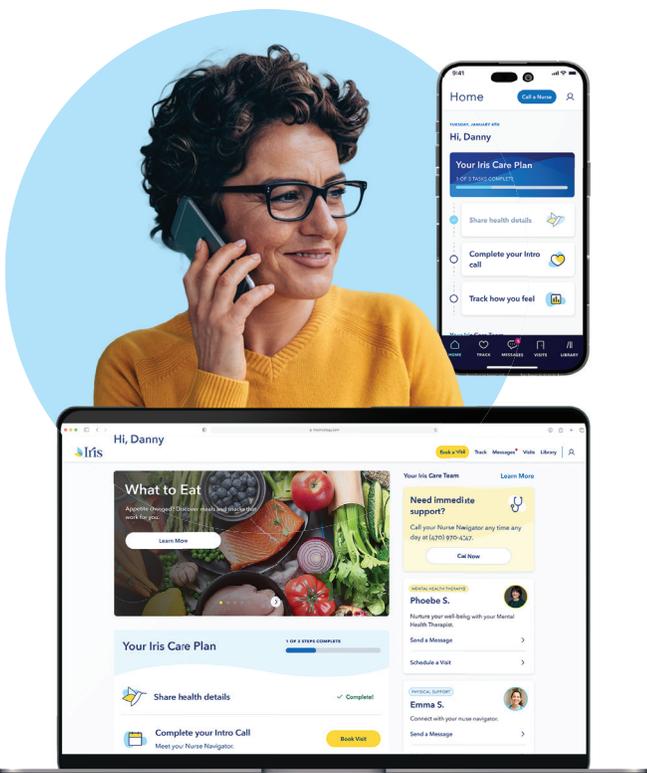
Resource navigation

Identify local and national support resources, including copay assistance and social services



Library of 300+ articles and videos

Practical tips on treatment, side effects, and recovery





I've been struggling to find the right words... But talking to a therapist helped me figure out how to talk to my friends and employer about my diagnosis.

I met with a dietitian who helped me with my appetite and what food options would help keep my energy up. Now I've got the energy to get through the day.

The weekend was rough, but a quick call to my Nurse Navigator helped me get my symptoms under control, and now I can go back to my routine.

My Iris therapist guided me through the emotional challenges of cancer. Now, I'm handling anxiety and depression in ways I didn't think were possible.

When you're diagnosed with cancer, no amount of expert information, timely answers, or personalized support is too much. Your oncologist leads your care — Iris is there to provide compassionate support anytime, anywhere.

To sign up for the Iris Cancer Support Program, visit IrisOncology.com/bluekc-signup, scan this QR code, or call us at **1-470-268-9830**.



Blue Cross and Blue Shield of Kansas City has partnered with OncoHealth® to offer Iris, a service that complements your primary oncology care team. Iris provides access to cancer-specific mental health experts, oncology nutritionists, 24/7 oncology nursing support and physical symptom management. Available for Apple® iPhone®, Google® Android™ smartphones, on the web, and by phone.

* For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your insurance producer or write Blue KC.

Blue Cross and Blue Shield of Kansas City is an independent licensee of the Blue Cross Blue Shield Association. This program is managed through Onco Health, an independent company.

Iris by Onco Health is an independent company that provides oncology support services on behalf of your plan.

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