Blue KC Care Management App

Wellness Support and Inspiration

The Blue KC Care Management app puts you in control by connecting you to your care team right from your smartphone or tablet.

The app is with you every step of your care journey, making it easier to manage wellness, prevention, maternal health, and chronic conditions, such as diabetes, asthma, or cancer.

Encouragement and Support from the App

- Discreet support via secure, two-way messaging with your care team
- Set appointment and medication reminders
- View your personal health information and care program details
- Learn from clinically approved articles and videos personalized to you
- Track your steps and progress toward your health goals

Connect to care by downloading the Blue KC Care Management app:

Your access code is **kchelpwelcome**. Once downloaded, you can also connect through the MyBlueKC mobile app.

MyBlueKC mobile app

Blue KC Care Management

For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your insurance producer or write Blue KC.

NOTE: The Member Guide provides a general overview of services and benefits that may be included in some Blue KC health plans. Because coverage details can vary, we encourage you to review your specific plan documents for accurate information. For details about your coverage, please refer to your Summary of Benefits and Coverage (SBC) by visiting **MyBlueKC.com** and clicking on **Plan Benefits**.

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