

Maternity Support Right From the Start

Your pregnancy is covered by your Blue KC health plan – starting with your first doctor’s visit. Coverage varies, so be sure to check your plan for details. Most cover:



Prenatal care (vitamins, gestational diabetes testing, Rh incompatibility testing, STD testing)



Childbirth (including any complications)



Post-birth (breastfeeding equipment, birth control, etc.)

Once your baby arrives, make sure to **contact your HR department** to have your baby added to your plan. You must add your baby to your plan within 30 days of birth.¹

Find more information on your maternity benefits:

Visit [MyBlueKC.com](https://www.mybluekc.com) or download the Blue KC Care Management app and use access code **kchelpwelcome**.



[MyBlueKC.com](https://www.mybluekc.com)



Blue KC Care Management

¹ Be sure to choose your pediatrician earlier in your pregnancy so you can be sure they are in-network. You can find in-network pediatricians by logging into MyBlueKC.com.

² If you are unsure if your plan includes the breast pump benefit, please call Customer Service at the number listed on your member ID card.

³ Find the provider listing on MyBlueKC.com. Go to Health Programs (located under Health & Wellness), then the Pregnancy tab.

For costs and further details of the coverage, including exclusions, any reductions or limitations and the terms under which the policy may be continued in force, see your plan administrator or write Blue KC.