



Kansas City

We Need To Talk About Suicide

Together, we can prevent deaths by suicide. It starts with talking about suicide and raising awareness.

Suicide is a Leading Cause of Death in the U.S.

2nd

Among Ages 10-24¹

11th

Overall¹

High Risk Populations

1st

People working in construction and mining had the highest suicide rates among all occupations.²

3X

LGBTQ+ youth were three times more likely to attempt suicide than straight youth.³

79%

Men made up 79%¹ of deaths by suicide, in part due to easy access to lethal means.⁴

You Are NOT Alone

Reach out if you or someone you know is struggling.

ASK DIRECTLY Are you thinking about suicide?

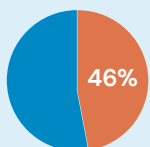
KEEP THEM SAFE by reducing access to lethal means such as firearms or pills.

GET HELP by calling or texting **988** to reach the Suicide & Crisis Lifeline.

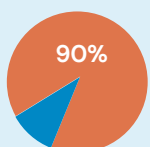
STAY WITH THEM until professional help arrives. Listen nonjudgmentally and acknowledge their feelings.

Learn more about behavioral health support at [BlueKC.com](https://www.bluekc.com).

Among Those Who Died by Suicide



Had a diagnosed mental health condition.¹



Experienced symptoms of a mental health condition.¹

¹ NAMI 2025 ² CDC 2021 ³ CDC 2023 ⁴ American Association of Suicidology