

Use this worksheet to plan and track important steps before surgery. You can type directly into the fields or complete your answers by hand. Bring this worksheet to pre-operation appointments to make sure you know exactly what to expect heading into your surgery.

Patient Name:

Planned Surgery / Procedure:

Surgery Date & Time:

Facility Name and/or Address:

Procedure Cost Estimate:

Prior Authorization Approval & Reference Number:

Arrive one hour ahead of your scheduled time and bring a photo ID, insurance card, & copay (if applicable).

Pre-Surgery Tasks

Pre-Surgery Consultation Date & Time:

Pre-Surgery testing needed (blood work, imaging, etc.):

Medication instructions:

Take these medications the morning of surgery:

Do not take these medications until AFTER surgery:

Confirm Provider Network Status – Provider Names (surgeon, anesthesiologist, etc.) and Facility Address*:

*Some providers are in-network at certain locations and out-of-network at others. Check with the facility to ensure your cost of care remains as low as possible.

 Preparing for Recovery

Transportation Plans – day of surgery and follow-up visits:

Post-Operation follow-up visit date, time, & location:

Recovery timeline and activity restrictions:

Recovery setup (mobility aids, meal prep / groceries, rest area):

Insurance Coverage for Physical Therapy, Home Health services, and/or Medical Equipment:

If applicable, check Pharmacy Benefits page to find the best price for post-op medications:

 Billing & Claims

You may receive bills from the surgeon, the facility, an anesthesia provider, and/or for any imaging or lab work.

Blue KC provides an Explanation of Benefits (EOB) outlining how your claim(s) processed and the amount you may owe your provider(s), so you can compare that to any bills you receive.



We're here to help. Our local, award-winning Customer Service team is available Monday – Friday from 8 AM – 5 PM to answer your questions, confirm your benefits, & check provider network status ahead of your procedure. Call us using the phone number listed on your member ID card.